

## Early Spring 2015 Registration

Saturday, February 7

10:00-11:30 a.m.

Location: Delta College-Upper Danner Hall

*(Ongoing registration is available on Mon. & Tues., Feb. 9 & 10, 10 a.m. - 11:30 a.m.*

*before classes begin, and throughout the term on Wed. & Fri. Feb. 18-May 15, 1:00-3:00 p.m. in Holt 123)*

### \* SICL Spring Highlights \*

\* **NEW** Speaker's Series with 6 informative presenters

\* **NEW** classes....Yoga, Microsoft Word & Excel, "Apps", Creating Your Final Chapter, and Printing Blocks

\* **Return of requested classes**...Line Dancing, Baklava, Book Club, and Indian Cooking  
Many popular, favorite classes are returning

\* **NEW** Tours to San Francisco, Culinary Institute in St. Helena, Sacramento River Cruise, and River Cats

Back by popular demand...Summer Sacramento Music Circus Series

SICL has something for everyone! Come and learn a new hobby or skill, make new friends, see different sites, and have fun learning. Encourage a friend to join SICL!

VOICE MAIL:  
209.910.4748

OFFICE:  
Holt 123

ADDRESS:  
SJDC/SICL  
5151 Pacific Avenue,  
Box 250  
Stockton, CA 95207

WEBSITE:  
siclstockton.com

EMAIL:  
sicl@deltacollege.edu

### President's Message

By Rebecca Douglass

Welcome to Spring 2015 at SICL – Delta College!!

The year 2014 saw some major changes for SICL .

Joan Ray, Chairman of Curriculum for fifteen years, stepped down – leaving a big void. As luck would have it, two very able and creative people stepped up to fill the void, Anita Kelly and Beverley Dierking. They have a slate of interesting and challenging classes ready to go for Spring. Just give a look at the class schedule in this issue.

Gloria Mendoza, our Office Assistant for many years of excellent work and support, has retired. Catherine Steinhauer, also a SICL member, has been hired to take over. Claudia Mackey, our very able and helpful Delta Liaison, has also retired – but will be around to train a replacement and lucky for us, to assist SICL for a few more months.

Thus, we are entering 2015 with new people, new classes and new ideas; however, with continuing friendships, learning and enjoyment. Please see the membership application on page 15 of this issue to renew your membership or join us for the first time to take advantage of one of "Stockton's best kept secrets."



## Message from Our Membership Chair

Sharon McDonnell



All of the Board Members are busy planning for the Spring 2015 term. Registration begins Saturday, February 7, 2015 from 10:00 to 11:30 in Upper Danner, adjacent to the campus cafeteria.

The refreshment area will be open at 9AM and Registration begins at 10 AM. Be sure to have your application form and ALL checks scanned by the three volunteers located in the refreshment area. This process is a safeguard that ensures that we have all the necessary information to contact you, and your checks are for the correct amount and signed.

Fees for the Spring term will remain the same - \$30 for Registration, \$15 for a parking permit. A single check made out to SJDC/SICL for \$45 will also be accepted. Remember, each tour requires a separate check. (These checks also need to be scanned by Registration volunteers, before the Registration process.) Numbers will again be used to hold your place in line. Please be attentive and listen for the range of numbers being called and have your number ready to hand back.

There will be three separate tables available to turn in your applications and checks. Please note that you must go through this second step before you are allowed to sign up for classes, talk with the Instructors or sign up for tours. We will be asking to see your membership card before you move on to sign up for classes and tours. There were a few at the Fall Registration who slipped past the Registration tables.

We will be implementing Hosts for all of the classes in the Spring. We need someone who is taking the class to step up and volunteer to be the Host. The Host responsibilities are simply to take roll call just before class begins, read the "Weekly Updates," and help the Instructor, if needed. I believe most members are capable of performing these tasks, so step up and show your appreciation for the Instructor's freely giving of their time to teach the class. This practice will help us ensure everyone attending the classes are registered members – a problem we had during the Fall 2014 term. Also, by calling off everyone's name, it will help us to get to know each other better.

If you are unable to attend Registration on February 7th -  
Our new Office Assistant, Catherine Steinhauer, will be in Holt 123  
the Monday and Tuesday following Registration from 10 a.m. to 11:30 a.m.

A big Welcome to all our new and returning members to SICL.  
Hope all of you have a wonderful Spring session with us.



**SICL Class Schedule—Spring 2015**  
**February 23 - May 15**

**MONDAY**

<b>Classes</b>	<b>Dates</b>	<b>Time</b>	<b>Room</b>	<b>Instructor(s)</b>
Easy-to-Learn Card and Dice Games	Feb. 23 - May 11	10 a.m. - 12 p.m.	Holt 123	Anita Kelly & Linda Mitchell
Beginning Bridge	Feb. 23 - May 11	1 - 3 p.m.	Holt 123	Ann Chargin
<b>New</b> Line Dancing	Feb. 23 - Apr. 20	2 - 3 p.m.	Upper Danner Hall	Dianne Bingham

**TUESDAY**

Seniors and Financial Planning	Feb. 24 - May 5 (no class Mar 31)	9 - 11 a.m.	Holt 123	Tom Winkler & Barbara Moore
Mah Jong	Feb. 24 - Apr. 7 (no class Mar 31)	1 - 3 p.m.	Holt 123	Emi Fujii & Anita Perez
Armchair Traveler <i>(Community Education Program)</i>	Feb. 17 - May 12	West Forum	West Forum	Traveler Presenters
Quilting, Part 2	Feb. 24 - May 2 (no class Mar. 31)	3:30 - 5 p.m.	Mustang Room	Anne Nicholas

**WEDNESDAY**

Express Yourself Through Creative Writing	Feb. 25 - May 6	10 a.m. - 12 p.m.	Holt 123	Jean Sahyoun
SICL Office Hours Feb. 18 - May 15	Wed. and Fri.	1 - 3 p.m.	Holt 123	Catherine Steinhauer
<b>New</b> Microsoft Word & Excel	Feb. 25 - Apr. 29	2 - 3:30 p.m.	Shima 237	Deborah Soares
<b>New</b> Speakers' Series 2nd & 4th Wednesday	Feb. 25, Mar. 11, Mar. 25, Apr. 8, Apr. 22, & May 13	3 - 5 p.m.	North Forum	Community Speakers
Tai Chi Qigong 18	Feb. 25 - Mar. 18	3:30 - 5 p.m.	Locke Lounge	Dr. Ray Tom
<b>New</b> Introduction to Yoga	Mar. 25 - Apr. 29	3:30 - 5 p.m.	Locke Lounge	Kristen Rinaker

THURSDAY				
Classes	Dates	Times	Room	Instructor(s)
SICL Board Meetings 2nd Thursday Monthly	Mar. 12, Apr. 9, May 14, & Jun. 11	10:15 a.m.	Holt 123	Rebecca Douglas
Book Club	Mar. 5, Apr. 2, & May 7	10:30 a.m. – 12 p.m.	Shima 133	Mary Ellen Quinn
Working the Gourd	Feb. 26	12 – 2:30 p.m.	Shima 127	Clay Musa
<b>New</b> Creating Your Final Chapter with Joy and Intention	Feb. 26 – May 14	1 – 3 p.m.	Holt 123	Margie Brown
<b>New</b> There’s Probably an “App” for That	Mar. 5 – Apr. 30	3 – 5 p.m.	Science & Math Bldg. 273	John Dierking
FRIDAY				
Basics of Digital Photography	Feb. 27 – Apr. 10 (no class on Apr. 3)	10 a.m. – 12 p.m.	Holt 123	Anita Kelly
Painting with Acrylics	Feb. 27 – May 15 (no class on Apr. 3)	10:45 a.m. – 12:45 p.m.	Budd 103	Cheryl Long
Stained Glass Crafts	Apr. 10 – May 8	12 – 2 p.m.	Shima 133	Barbara Sitnik
SICL Office Hours Feb. 18 – May 15	Wed. and Fri.	1 – 3 p.m.	Holt 123	Catherine Steinhauer
Gardening—2015 The Year to Grow	Mar. 6 – Apr. 17	1 – 2:30 p.m.	Shima 127	Julie Morehouse
Cooking Healthy with Delicious Dishes from India	Feb. 27, Mar. 20, Apr. 24, & May 15	1 – 3 p.m.	Shima 301	Hansa Daya
Make Your Own Pan of Baklava	Mar. 27	1 – 3 p.m.	Home Residence	Dessie Ksidakis
First Fridays at the Haggin (Community Partnership Program)	Feb. 6, Mar. 6, Apr. 3, & May 1	2 – 4 p.m.	Haggin Museum	Haggin Docents
SATURDAY				
<b>New</b> Wish Flag-Printing Blocks	Mar. 14	10 a.m. – 3 p.m.	Jagged Lines of Imagination Academy, 2232 N. El Dorado St.	Kristen Rinaker
<p><b>All Programs are Subject to Change</b></p> <p>Have questions, need more information, or have new ideas for classes or instructors?                      Contact Curriculum Co-Chairs: Beverley Dierking, 209-474-8532, <a href="mailto:bddierking@gmail.com">bddierking@gmail.com</a>                      or Anita Kelly, 209-403-9580, <a href="mailto:anitak9590@comcast.net">anitak9590@comcast.net</a></p>				

## SICL Class Descriptions – Spring 2015

### MONDAYS

#### Easy-to-Learn Card and Dice Games

Let's have some fun and play!!!! This informal class is designed to teach a variety of social games that are easy to learn with a generous amount of player interaction.

**February 23 – May 11      10 a.m. – 12 p.m.      Holt 123**

*Instructors Anita Kelly and Linda Mitchell have played and taught games to others for most of their lives.*

#### Beginning Bridge

Do you enjoy games that involves stimulating strategy? Ann will lead the class through the challenging intricacies of the game of bridge. This class is designed for both beginners and non-beginners who want to learn playing strategies. It is a non-competitive class that encourages members to help each other to gain knowledge and experience in the game of bridge.

**February 23 - May 11      1 p.m. – 3 p.m.      Holt 123**

*Instructor Ann Chargin is a retired Municipal Court judge who has been teaching bridge for SICL since 1998.*

#### New Line Dancing

Let's get moving and have some fun at the same time with line dancing. This is a beginning class that features a variety of line dances. Learn the names and the basic steps and how they are put together to form the dances.

**February 23 – April 20      2 p.m. – 3 p.m.      Upper Danner Hall**

*Instructor Dianne Bingham has danced all of her life and taught tap and line dancing for 15 years.*

### TUESDAYS

#### Seniors and Financial Planning

Want to get the most out of your retirement financially? This class helps you to determine what you should be doing financially for your retirement. We will cover financial concepts, pitfalls, and strategies that you can apply to your situation.

**February 24 - May 5 9 a.m. – 11 a.m.      Holt 123**

*(no class on March 31)*

*Instructors Tom Winkler and Barbara Moore are both financial advisors with Ameriprise Financial. Tom has been an advisor for 29 years, Barbara for 22 years. They've been teaching classes at SICL since Spring of 2005.*

#### Mah Jong

Enjoy learning the ancient game of Mah Jong, which is both an interesting and thought-provoking game. This class is for those who have never played and those wishing to continue playing from previous terms. Susan Mah will be available to those students who are interested in learning points for three sessions (Mar. 1, Mar. 17, & Apr. 9). Note: Vicky Chow may assist when Susan is not available.

**February 24 – April 7      1 p.m. – 3 p.m.      Holt 123**

*(no class on March 31)*

*Instructors Emi and Anita have provided instruction for several semesters for SICL after learning this ancient Chinese game from a previous instructor of Mah Jong.*

**Armchair Traveler**

Take trips all over the world right from a seat at Delta College. Please see Page 14 for detailed information. Remember that SICL members may attend for free, please show your membership card at the door.

**February 17 – May 12      3 p.m. – 4 p.m.      West Forum**

*This is a Community Education program in collaboration with Stockton Institute for Continued Learning.*

**Quilting Part 2**

When you see pretty quilts, do you enjoy and appreciate their beautiful designs and imagine one on your own bed or that of a loved one? If so, consider making your very own quilt. This class is for both beginners and those who have some quilting experience. Each class session will concentrate on a different block until blocks are completed and then put together to complete a quilt by the end of the term. The class will create different blocks each term.

**February 24 - May 2 3:30 p.m. – 5 p.m      Mustang Room**

*(no class on March 31)*

*Instructor Anne Nicholas enjoys sharing her knowledge of quilt making with those who want to learn.*

**WEDNESDAYS****Express Yourself Through Creative Writing**

Are you searching for writing inspiration? Do you wish to start your memoirs or family history? Are you stumped for writing topics? Would you like help editing? All these and more will be covered in a friendly, relaxed atmosphere.

**February 25 – May 6 10 a.m. – 12 p.m.      Holt 123**

*Instructor Jean Sahyoun taught English for 37 years at the secondary level and has been teaching for SICL for three years.*

**New Microsoft Word and Excel**

Get the most out of your Microsoft Word and Excel programs, the most common word processing and spreadsheet programs for both home and business computers. Class will be six weeks of Microsoft Word and four weeks of Microsoft Excel. Students must have a basic knowledge of computers.

**February 25 – April 29      2 p.m. – 3:30 p.m.      Shima 237**

*Instructor Deborah Soares has more than 25 years of experience in computers, and has worked in various jobs using, maintaining, and repairing them.*

**Tai Chi Qigong 18**

Learn this ancient art of exercise that involves a soft approach to achieving a healthy body and mind. This is an introduction to the Chinese wellness exercise of Qigong. The sessions will include meditation, the 18 Qigong exercises performed sitting and standing, and a set of stretches that stretch most of the body's muscles.

**February 25 - March 18      3:30 p.m. – 5 p.m.      Locke Lounge**

*Instructor Dr. Ray Tom is a certified instructor for the International Yang Family Tai Chi Chuan Association and has been teaching Tai Chi Chuan and Qigong in the Stockton area since 1983.*



## **New Speakers' Series**

**Second and Fourth Wednesday of each Month**  
**February 25, March 11, March 25, April 8, April 22, & May 13**  
**3 p.m. – 5 p.m., North Forum**

### **Power Against Fraud**

*by Suzanne Schultz, Family Crimes Coordinator, San Joaquin County District Attorney's Office*

**February 25**—Do not be a victim of fraud. You will learn simple but effective crime prevention steps to increase your power against this common threat.

### **Civil Grand Jury**

*by Lou Meyer, a former 2012-2013 Grand Juror and the Chairman of its Complaint Committee. Mr. Meyer is currently a Director of the California Grand Jury Association, and the Vice-President of the San Joaquin County Chapter of the CGJA.*

**March 11**—Have you ever wondered about the purpose and function of the Grand Jury? Mr. Meyer will tell you what the Grand Jury does, how you can be involved, and why it is important to us as citizens.

### **Your Library: Education, Entertainment, and Opportunity**

*by Suzy Daveluy, Youth Services Coordinator, Stockton/San Joaquin Public Library*

**March 25**—Get the most out of your public library. Learn about the many opportunities it has to offer, including educational and entertaining programs, and volunteer opportunities. The presenter will also share tips on reading aloud to young children and will recommend great books for adult readers. Each of us has the ability to improve the state of literacy in our community; come learn how.

### **THE PELICAN BEEF: Stockton's Post-War Political Potboiler**

*by Tod Ruhstaller, Director/CEO since 1988 and Curator of History since 1984 at the Haggin Museum. Mr. Ruhstaller is a third generation Stocktonian.*

**April 8**—Learn about an interesting period in our city's history. In the late 1940s, Stocktonians experienced a local political tumult that included the firing of the City Manager, a recall election of six city councilmen, and the resignation of its Chief of Police. This program examines what happened leading up to these events and their aftermath.

### **Safety on the Delta Campus**

*by Officer Susan McAnelly, Crime Prevention Officer/CSO at Delta College and retired Stockton Police Officer.*

**April 22**—Do you want to ensure that you are safe while on the Delta campus? Officer McAnelly will discuss topics on Campus/Personal Safety, Safety Tips/Techniques, and Responding to an Active Shooter.

### **Pain Management**

*by Dr. Grace Barzaga, M.D. is a specialist in Physical Medicine and Rehabilitation whose experience spans many areas dealing with occupational injuries, rheumatology, disability and pain management.*

**May 13**—If you or a loved one suffer from chronic pain, you may be interested in this workshop. It will focus on muscular skeletal pain—what is new in the treatment of pain, and the different types of medications for pain.

**New Introduction to Yoga**

Learn how to do this popular type of exercise. Class will focus on the basic concept of Ahimsa (do no harm) and applying that to the five limbs of yoga – exercise, relaxation, breathing, diet, and attitude. Depending on the interests and abilities of participants, we will try different asanas (postures), with alternatives for those with less strength and mobility. Participants need to bring water and a sticky mat. A zafu (a small firm pillow used to raise the hips for maintaining proper form in many asanas) is recommended. Chairs will be available for balancing support and variations on certain postures. Additionally, there will be some Zafus (yoga support cushions) for beginners who want to try the class before investing in equipment.

**March 25 – April 29                      3:30 p.m. – 5 p.m.                      Locke Lounge**

*Instructor Kristen Rinaker is currently the coordinator of the Weberstown Walkers mall walk program. She holds a primary group exercise certification from the Aerobics and Fitness Association of America.*

**THURSDAYS****Book Club**

Are you in a rut reading the same type of book? Come and stimulate your mind with lively discussions about the books we will be reading. Mary Ellen will assign the first book at registration, and the members will decide about the other two books they would like to read. The Book Club will increase your enjoyment and widen your perspective about the books you read.

**March 5, April 2, & May 7    10:30 a.m.—12 p.m.                      Shima 133**

*Instructor Mary Ellen Quinn loves to read a variety of books, and has been a member of several books clubs.*

**Working the Gourd**

Are you creative and would enjoy learning how to turn gourds into lovely art pieces? This class will focus on a particular gourd art project. It may be a vessel, a luminary, a piece of art, a musical instrument, a bowl, a vase, a mask, a purse, a bird house, or other options. A provided hand tool and decorating techniques will be used to complete our projects. Workshop project information will be available during registration.

**REQUIREMENT:** A \$10 non-refundable materials fee is due to the instructor at registration, but may be transferred to another member. (Exact cash, please)

**February 26                                      12 p.m. – 2:30 p.m.                                      Shima 127**

*Instructor Clay Musa recently discovered art gourds and enjoys sharing his learning experience with others.*

**New Creating Your Final Chapter with Joy and Intention**

A thought-provoking subject, this class will look at end-of life issues and resources so that we can make positive choices that impact ourselves and our families. It will include invited speakers, relevant TED talks, creating a file of necessary legal forms, envisioning our Life Celebrations, and sharing our personal experiences of how we and our loved ones have embraced the journey.

**February 26 – May 14                      1 p.m. – 3 p.m.                                      Holt 123**

*Instructor Margie Brown is a minister whose life's work has been teaching how storytelling and humor can be our guides to a deep and authentic life.*



**New There's Probably an "App" for That**

"App" is the common name for the free or inexpensive programs (or "applications") available to download onto mobile devices such as smartphones and tablets to help make our life easier in many ways. Learn about some of the most useful and popular apps currently available, and share your own experiences. This class will serve as a "user group" of members who already have at least some experience using their smartphone and/or tablet... whether Android, iOS (Apple), or other operating system. We will share ideas and suggestions for new and better ways to utilize our devices. Although some members in the class will have more experience than others, everyone will be encouraged to actively participate in the discussions. Class members will also receive free WiFi accounts to access the Internet on their devices during class, as well as in some other buildings on the Delta College campus.

**March 5 – April 30                      3 p.m. – 5:00 p.m.                      Science and Math Bldg. 273**

*Instructor John Dierking is a retired engineer and business owner who has taught a number of SICL classes in the past five years, most of which involved using computers and "personal portable devices" on the Internet.*

**FRIDAYS****Basics of Digital Photography**

Photography stores those special moments forever. Let's get out our camera and explore the incredible advantages of the digital age. This course will cover the basics of photography using digital equipment. It will include written material that covers the basic information for getting the most out of your photography experience. The class will be guided by input from the participants with both classroom instruction and field work. The main objective of this class is to ensure that everyone has a positive learning experience and learns how to use their photography equipment.

**February 27 – April 10                      10 a.m. – 12 p.m.                      Holt 123**  
**(no class on April 3)**

*Instructor Anita Kelly worked as both a wedding photographer and as an event photographer for Stockton Unified School District for 25 years.*

**Painting with Acrylics**

If you enjoy art and want to learn or increase your knowledge in painting with acrylics, this is the class for you. Come and explore techniques and learn about materials used to paint with acrylics. Beginning painters are encouraged to attend.

**February 27 – May 15                      10:45 a.m. – 12:45 p.m.                      Budd 103**  
**(no class on April 3)**

*Instructor Cheryl Long has been painting with acrylics and watercolors for seven years, has exhibited at local art shows, and is a member of the Stockton Art League.*

**Stained Glass Crafts**

Explore your artist and creative side even if you have never done art before. You will have a choice of several glass projects to make; any one of which would make a special handmade gift. Maybe a wind chime for the back yard or a candle holder for your favorite scent. Bring a 3" x 5" or 4" x 6" picture to frame in stained glass. The instructor will provide you with a variety of ideas and glass choices to make your unique creation.

**REQUIREMENT:** A \$15 materials fee is due to the instructor on the first day of class. (Exact cash, please)

**April 10 - May 8                      12 p.m. – 2 p.m.                      Shima 133**

*Instructor Barbara Sitnik has been doing glass crafting for almost 40 years and has enjoyed teaching her hobby for over 20 years.*

**Gardening—2015 The Year to Grow**

Learn how to have that green thumb!! This class will cover gardening on a smaller scale, container gardens, water issues, and the best performing perennials. Let's "grow something!"

**March 6 - April 17** **1 p.m. - 2:30 p.m.** **Shima 127**  
**(no class on April 3)**

*Instructor Julie Morehouse, a local garden coach and horticultural advisor, is a Master Gardener with a degree in horticulture and over 20 year's experience in the garden and nursery industry.*

**Cooking Healthy with Delicious Dishes from India**

Have you ever experienced the wonderful taste of East Indian cooking and would like to cook your own Indian dishes? Learn how to use the variety of spices found in curries when cooking with lentils and vegetables for healthy yet delicious meals that can be as mild or as spicy as you personally prefer.

**REQUIREMENT:** A \$8 materials fee will be due to the instructor on the first day of class. (Exact cash, please)

**Feb. 27, Mar. 20, Apr. 24, & May 15** **1 p.m. - 3 p.m.** **Shima 301**

*Instructor Hansa Daya has offered East Indian cooking classes for Delta College's Community Education program for many years and has a passion for healthy cooking.*

**Make Your Own Pan of Baklava**

This class is just the thing for those of you who love this delicious Greek dessert specialty. Come join the intimate setting of Dessie's kitchen as she teaches you how to make a pan of your own baklava. A list of ingredients and Dessie's address will be provided at registration. Note: This class was offered previously and due to limited space, registration priority will be given to new students.

**March 27** **1 p.m. - 3 p.m.** **Dessie's Home Residence**

*Instructor Dessie Ksidakis has always enjoyed cooking and minored in home economics in college.*

**First Fridays at the Haggin**

The Haggin Museum provides special monthly docent-led talks and tours in the galleries for SICL and OLLI members. Museum docents share their in-depth research on far-ranging topics and provide a tour of art or history exhibits in the museum's collection. Attendees can enjoy light refreshments and stimulating conversations about art, history, and our community. Look for monthly topic information in the SICL Weekly Updates.

These presentations are included with the daily price of museum admission (\$7 for Seniors, Free for Museum Members). No registration is necessary and you are welcome to bring a friend!

**Feb. 6, Mar. 6, Apr. 3, & May 1** **2 p.m. - 4 p.m. Haggin Museum** **1201 N. Pershing Avenue**

*This is a community collaboration between SICL and Haggin Museum that is also open to the public.*

**SATURDAYS****New Wish Flag-Printing Blocks Art Project**

If you want to combine art with an introspective component, this is the class for you!!! At this participatory art workshop, you will learn a simple process for creating printing blocks. The design process includes introspection and consideration of figure and ground principles. Participants will make blocks they can use, and we will create multiple printed projects together during the workshop. While this design approach was developed for teachers and others working with small groups (neighborhood watch, etc.), the block-making process is easy and uses cheap, readily available materials making it adaptable for many sorts of individual or one-on-one projects. Participants will be introduced to and invited to join in the Draw It Out project that is currently using Wish Flags to promote community rebuilding in Stockton.

**REQUIREMENT:** A \$15 materials fee, with an optional additional \$5 fee for an apron, is due to the instructor at the beginning of class. (Exact cash, please)

**March 14** **10 a.m. - 3 p.m.** **Jagged Lines of Imagination Academy** **2232 North El Dorado St., Stockton**  
*Instructor Kristen Rinaker is a former teacher of English and Law and current volunteer Acting Executive Director of Jagged Lines of Imagination, a nonprofit all-ages art academy.*

**WEDNESDAY, MARCH 18, 2015**

**GOLDEN GATE PARK: DeYOUNG MUSEUM PIER 39**



SICL TOURS PRESENTS ANOTHER CULTURAL ENRICHMENT ADVENTURE . . . . . Join us as we explore the permanent collections at the DeYoung. The DeYoung prides itself on its unparalleled exhibits of American art. Additional works include extensive collections of art from Africa, Oceania, the Caribbean, and Asia. The outdoor Sculpture Garden is not to be missed. As we conclude our visit to the DeYoung, we will journey to Pier 39 for lunch (on your own) and for a unique San Francisco shopping experience. Cash and credit cards accepted! Time to empty out those piggy banks!

**Meet in Holt 123 at 7:30 a.m. for an 8:00 a.m. departure; return about 5:00 p.m.**

**Cost: \$50      Seating: limited to 40**

**Your hosts: MaryEllen Quinn (951-0316), Linda Nava (478-1086)**

**TUESDAY, APRIL 7, 2015**

**CULINARY INSTITUTE OF AMERICA: ST HELENA**



**CALLING ALL FOODIES AND ASPIRING GOURMET CHEFS . . . AND ALL THOSE WHO LOVE GOOD FOOD!!**

SICL tours has put together another great adventure for you. The Culinary Institute of America, located in the beautiful Napa valley, is the training ground for many of the best chefs on the West Coast. The CIA is located in the old castle-like structure that was once the home of Christian Brothers Winery. We will be able to taste local wines; rumor has it that the wine will be paired with Ghirardelli chocolate. Be inspired by a marketplace filled with food, wine, and cooking equipment/gadgets, rarely, if ever, available in local stores (not even in TJ's or Whole Foods). Of course, we will have the opportunity to enjoy lunch (on your own) in the Institute's restaurant.

**BON APPETIT !!**

**Meet in Holt 123 at 7:30 a.m for an 8:00 a.m. departure; return about 5:00 p.m.**

**Cost: \$45      Seating: limited to 40**

**Your hosts: Barbara Scott (477-9985), Pat Slauson (369-6570)**

**SUNDAY, APRIL 19, 2015**

**CIRQUE DU SOLEIL - VAREKAI**



**JUST ADDED!! A GREAT OPPORTUNITY TO SEE THE HIGHLY ACCLAIMED VISUAL EXTRAVAGANZA: CIRQUE DU SOLEIL WHICH WILL BE APPEARING FOR A LIMITED ENGAGEMENT AT OUR OWN STOCKTON THUNDER ARENA.** Treat yourself to a spectacular array of breathtaking/death-defying aerobatics – accompanied by an incredible display of music and light. Following the performance, we will meet next door at one of Stockton's newest eateries: Delta Bistro and Lounge, located in the University Waterfront Plaza Hotel. Enjoy a light dinner (on your own) choosing from their extensive (and reasonable) menu in spacious surroundings with a great view of the waterfront.

**Meet in Holt 123 at 12:15 p.m. for a 12:45 p.m. departure; return about 6:00 p.m.**

**Cost: \$40      Seating: limited to 20**

**Your hosts: Maryann Garcia (951-2737)**

**THURSDAY, APRIL 30, 2015**

**SACRAMENTO RIVER CRUISE**



AHOY, MATES!! Join us as we set sail to explore the great Sacramento River. Prior to casting off, we will have time to visit the boutiques and interesting shops in Old Sacramento. Enjoy a light lunch (on your own) at one of the fine eateries in the area. In the early afternoon, we will board our vessel (one of the famous Hornblower “yachts”). We will cruise by many of the important landmarks along the waterway while our experienced captain regales us with stories from our capitol city’s colorful past.

**WELCOME ABOARD!!**

Meet in Holt 123 @ 7:30 a.m. for an 8:00 a.m. departure; return about 4:00 p.m.

Cost: \$35      **Seating: limited to 40**

Your hosts: Karla Fox, (209) 951-4131; Barbara Scott (477-9985)

**MONDAY, MAY 25, 2015**

**RIVER CATS BASEBALL: SACRAMENTO**



**TAKE ME OUT TO THE BALL GAME . . . . and we’ll do just that!!**

Come with us to root on the “Cats” as they battle the Nashville Saints. The River Cats are the “A” farm team for the world champion, San Francisco Giants. The Saints are the farm team for the popular Oakland A’s. What a matchup!! After lunch in Old Town Sacramento (on your own), we’ll cross the bridge to the home of the Cats, Raley Field. Be sure to check out the fun stuff at the Cats’ DugOut sports store. Be prepared for an afternoon of high caliber baseball in a fan-friendly hometown setting.

**GO CATS!!!!**

Meet in Holt 123 @ 9:00 a.m. for a 9:30 a.m. departure; return about 4:30 p.m.

Cost: \$35      **Seating: Limited to 20**

Your hosts: Pat Slauson (369-6570); Linda Nava (478-1086)

**MUSIC CIRCUS 2015 SUMMER SERIES**

**Wells Fargo Pavilion**

1419 H Street  
Sacramento, CA 95814



Which shows, what dates, and how much will be available after January 20 – in time for SICL Spring Registration but not for the newsletter publication date.

Check SICL weekly updates emailed to you for when to mail your check to me confirming your seat on the bus.

**Sign up “first come-first served” on registration day.**

Hope to see you for our 4th year at the MUSIC CIRCUS!!

**Only 23 seats available!**

Thursday Matinees - 2:00 p.m.

Host: Joan Ray (209) 712-4672 1728 Cortez Avenue, Stockton, CA 95209



# Board of Directors

## ELECTED DIRECTORS

**PRESIDENT: Rebecca Douglass**  
 Email: [rdoug513@comcast.net](mailto:rdoug513@comcast.net)  
 Phone: 951-1256

**PAST PRESIDENT: Maureen Kroll**  
 Email: [jmkroll6216@yahoo.com](mailto:jmkroll6216@yahoo.com)  
 Phone: 473-2598

**VICE PRESIDENT: Beverley Dierking**  
 Email: [bddierking@gmail.com](mailto:bddierking@gmail.com)  
 Phone: 474-8532

**CO-SECRETARY: Alice Hong**  
 Email: [alhong209@yahoo.com](mailto:alhong209@yahoo.com)  
 Phone: 465-7259

**CO-SECRETARY: Gerry Pedroncelli**  
 Email: [fgpedroncelli@sbcglobal.net](mailto:fgpedroncelli@sbcglobal.net)  
 Phone: 464-2611

**TREASURER: John Dierking**  
 Email: [sicl.support@gmail.com](mailto:sicl.support@gmail.com)  
 Phone: 474-8532

NOMINATIONS/ELECTIONS CO-CHAIR: **Vacant**  
 Email:  
 Phone:

PUBLICITY: **Maureen Kroll**  
 Email: [jmkroll6216@yahoo.com](mailto:jmkroll6216@yahoo.com)  
 Phone: 473-2598

MARKETING CO-CHAIR: **Maryann Garcia**  
 Email: [gwazgar@gmail.com](mailto:gwazgar@gmail.com)  
 Phone: 951-2737

MARKETING CO-CHAIR: **Linda Nava**  
 Email: [linspa@live.com](mailto:linspa@live.com)  
 Phone: 478-1086

TECHNOLOGY: **John Dierking**  
 Email: [sicl.support@gmail.com](mailto:sicl.support@gmail.com)  
 Phone: 474-8532

TOURS CO-CHAIR: **Barbara Scott**  
 Email: [barjscott124@att.net](mailto:barjscott124@att.net)  
 Phone: 477-9985

TOURS CO-CHAIR: **Pat Slauson**  
 Email: [expsycho0602@yahoo.com](mailto:expsycho0602@yahoo.com)  
 Phone: 369-6570

## APPOINTED CHAIRS

**CURRICULUM CO-CHAIR: Beverley Dierking**  
 Email: [bddierking@gmail.com](mailto:bddierking@gmail.com)  
 Phone: 474-8532

**CURRICULUM CO-CHAIR: Anita Kelly**  
 Email: [anitak9580@comcast.net](mailto:anitak9580@comcast.net)  
 Phone: 403-9580

**HOSPITALITY CO-CHAIR: Dianne Bingham**  
 Email: [dianbing@sbcglobal.net](mailto:dianbing@sbcglobal.net)  
 Phone: 463-2921

**HOSPITALITY CO-CHAIR: Esther Reusche**  
 Email: [ereusche@comcast.net](mailto:ereusche@comcast.net)  
 Phone: 477-9682

**MEMBERSHIP: Sharon McDonnell**  
 Email: [srm5342@sbcglobal.net](mailto:srm5342@sbcglobal.net)  
 Phone: 473-3187

**NEWSLETTER: Deborah Soares**  
 Email: [deborah@deborahpcs.com](mailto:deborah@deborahpcs.com)  
 Phone: 478-3662

DIRECTOR –AT-LARGE: **Joan Ray**  
 Email: [famfem1@comcast.net](mailto:famfem1@comcast.net)  
 Phone: 712-4672

DIRECTOR –AT-LARGE: **Linda Nava**  
 Email: [linspa@live.com](mailto:linspa@live.com)  
 Phone: 478-1086

## **SICL LIAISON/COMMUNITY EDUCATION COORDINATOR:**

**Claudia Mackey**  
 Email: [cmackey@deltacollege.edu](mailto:cmackey@deltacollege.edu)  
 Phone: 209-954-5013  
 Office: Locke 107

## **SICL LEADERSHIP OPPORTUNITIES**

All members are welcome to attend Board meetings. Board Meetings are usually held on the second Thursday of the month at 10:30 a.m. in Holt 123. Questions?  
 Call President Rebecca Douglass, 951-1256.

## ARMCHAIR TRAVELER SCHEDULE

The Armchair Traveler Program is presented in the spring and fall semesters. Presenters share the highlights of trips they have taken, focusing on the history, culture, and customs of the people of different countries. Presentations are shown on a large screen in tiered auditorium seating (handicap accessible). Students may attend as many programs as they wish for one \$14 enrollment fee.

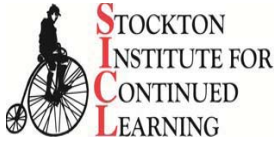
Date	Title	Presenter
February 17	Panama: Crossroads of the Americas	Dr. Gene Bigler
February 24	Down the Outback and Western Australia	Dianne Bingham
March 3	Beautiful Barcelona	Dr. Rachel Standish
March 10	A Whirlwind Tour of Honshu	Dr. Michael Ballot
	*Note: Preview of Upcoming Tours will follow at 4:00 p.m.	Jay Fehan
March 17	Off the Beaten Track in East Africa (Solar Cookers)	Bev Blum
March 24	Six Cities of Italy, Plus Barcelona, Spain, and Villa Franc, France	Dr. Raymond Tom
April 7	A Guide to Impressionist Paris	Valerie Hogan
April 14	Southern Caucasus: Azerbaijan, Georgia, and Armenia	Mary Bock
April 21	River Cruising in France	Dan Flores
April 28	Burma: Past, Present, and Pounds of Gold (Part I)	Cynthia Henry
May 5	Filming a Documentary in Kurdistan, Iraq	Stanley Rapada
May 12	Bohemia and Slovakia: Secret Beauties	Renata Bricka

NOTE: The Program Coordinator is not responsible for commentary or pictures shown.  
For more information, please call Dot Robinson, Program Coordinator, at (209) 957-5427

SICL MEMBERS MAY ATTEND ARMCHAIR TRAVELER FOR FREE  
SHOW YOUR MEMBERSHIP CARD WHEN YOU ENTER

Feb. 17 – May 12      3:00 – 4:00 pm  
Tues (12 classes)    West Forum  
Code: 75640          Fee: \$14  
(No presentation on Mar. 31)





**Stockton Institute for Continued Learning (SICL)**



S.J. Delta College

To become a member of SICL and be eligible to attend any of the classes, tours, and programs offered by this Delta College Lifelong Learning Program, you must complete the membership application below and register. **Registration - Spring 2015:** Saturday, February 7, 2015 from **10:00 am to 11:30 am in Upper Danner Hall at Delta College.** (Note: Parking is free on Saturdays.) **Spring 2015 Term:** Most SICL classes will be held between **February 23rd and May 15th.**

Fees: SICL Registration - \$30. Parking Permit - \$15 (optional). (Note: Parking permits are required Mondays-Fridays, including handicapped parking. Daily parking permits may be purchased at the parking lot entrance for \$2 per day.) May make one check for \$45. **Checks:** Make all payable to **SJDC-SICL.** **Tours:** A separate check is required for each tour. **Please bring your check(s) and Membership Application to Registration.** You will receive a **SICL Membership Card** at Registration. (Note: Your card allows you to attend *Armchair Traveler* for free.) Returning members, be sure to wear your membership badge. **Disclaimer: There are NO refunds and SICL reserves the right to make program changes.**

**SICL MEMBERSHIP APPLICATION – Spring 2015**  
Please Complete and Print Clearly (\* Required Information)

\* **Name** \_\_\_\_\_

\* **Address** \_\_\_\_\_ \* **City** \_\_\_\_\_ \* **Zip** \_\_\_\_\_

\* **Home Phone** \_\_\_\_\_ \* **Cell Phone** \_\_\_\_\_

\* **E-mail Address** \_\_\_\_\_  
(To receive emails, last minute information or changes, and the SICL Newsletters)

\***Cash:** \$ \_\_\_\_\_ \***Check #:** \_\_\_\_\_ \***Total (\$)** \_\_\_\_\_

\***Fees:** **Registration (\$30)** \_\_\_\_\_ **Parking Permit (\$15)** \_\_\_\_\_ (Please check what applies)

\* **Are you a new member?** YES \_\_\_\_\_ NO \_\_\_\_\_ \***Do you need a SICL name badge?** Yes \_\_\_\_\_ No \_\_\_\_\_

\***How do you want your name to appear?** \_\_\_\_\_

\***Do you want to receive the SICL Newsletter or other information by email?** Yes \_\_\_\_\_ No \_\_\_\_\_

\* **In case of an emergency, contact: Name** \_\_\_\_\_

**Relationship** \_\_\_\_\_ **Phone (Home and/or Cell)** \_\_\_\_\_

**Where did you learn about SICL?**  SICL Member  Publication \_\_\_\_\_  
 Delta College Electronic Marque  Friend (Name of Publication)

**SICL is a volunteer-operated organization.**  
**Please indicate which COMMITTEE(S) you would like to help with:**  
Curriculum ( ) Historian ( ) Hospitality ( ) Marketing ( ) Membership ( ) Tours ( )

**What future classes would you like to see SICL offer?** \_\_\_\_\_

**Would you, or do you know someone who would like to teach a class for SICL?** \_\_\_\_\_ Yes \_\_\_\_\_ No

**What future tours would you enjoy?** \_\_\_\_\_

**For more information, contact Sharon McDonnell, Membership Chair, at 209-473-3187**  
SICL is under the auspices of the San Joaquin Delta College Foundation – Community Education

SJDC/SICL  
San Joaquin Delta College  
Stockton Institute for Continued Learning  
5151 Pacific Avenue, Box 250  
Stockton, CA 95207

CONSIDER SICL MEMBERSHIP AS A GIFT TO A FAMILY MEMBER OR FRIEND  
HARD COPIES OF SICL SPRING NEWSLETTER AVAILABLE  
after **February 7th** in and outside of Holt 123

SICL operates under the auspices of the San Joaquin Delta College Foundation and Community Education

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**Holidays: March 31 & April 3**